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## INTERNATIONAL APPLICATION PUBLISHED UNDER THE PATENT COOPERATION TREATY (PCT)

<b>(51) International Patent Classification <sup>6</sup> :</b> <b>A61K 31/00</b>	<b>A2</b>	<b>(11) International Publication Number:</b> <b>WO 99/38499</b> <b>(43) International Publication Date:</b> 5 August 1999 (05.08.99)
<b>(21) International Application Number:</b> PCT/US99/01951 <b>(22) International Filing Date:</b> 28 January 1999 (28.01.99) <b>(30) Priority Data:</b> 60/072,932                      29 January 1998 (29.01.98)                      US <b>(71) Applicant:</b> SEPRACOR INC. [US/US]; 111 Locke Drive, Marlborough, MA 01752-(US). <b>(72) Inventors:</b> MCCULLOUGH, John, R.; 500 Indian Lake Shore Drive, Hudson, MA 01749 (US). RUBIN, Paul, D.; 37 Greystone Lane, Sudbury, MA 01776 (US). <b>(74) Agents:</b> LAWRENCE, Stanton, T., III et al.; Pennie & Edmonds LLP, 1155 Avenue of the Americas, New York, NY 10036 (US).		<b>(81) Designated States:</b> AL, AM, AT, AU, AZ, BA, BB, BG, BR, BY, CA, CH, CN, CU, CZ, DE, DK, EE, ES, FI, GB, GD, GE, GH, GM, HR, HU, ID, IL, IN, IS, JP, KE, KG, KP, KR, KZ, LC, LK, LR, LS, LT, LU, LV, MD, MG, MK, MN, MW, MX, NO, NZ, PL, PT, RO, RU, SD, SE, SG, SI, SK, SL, TJ, TM, TR, TT, UA, UG, UZ, VN, YU, ZW, ARIPO patent (GH, GM, KE, LS, MW, SD, SZ, UG, ZW), Eurasian patent (AM, AZ, BY, KG, KZ, MD, RU, TJ, TM), European patent (AT, BE, CH, CY, DE, DK, ES, FI, FR, GB, GR, IE, IT, LU, MC, NL, PT, SE), OAPI patent (BF, BJ, CF, CG, CI, CM, GA, GN, GW, ML, MR, NE, SN, TD, TG).  <b>Published</b> <i>Without international search report and to be republished          upon receipt of that report.</i>
<b>(54) Title:</b> METHODS AND COMPOSITIONS FOR AIDING IN SMOKING CESSATION AND FOR TREATING PAIN AND OTHER DISORDERS USING OPTICALLY PURE (-)-BUPROPION  <b>(57) Abstract</b>  Methods and compositions are disclosed utilizing the optically pure (-)-isomer of bupropion to assist in smoking cessation, for treating smoking and nicotine addiction, and for treating pain, including, but not limited to, chronic pain, neuropathetic pain and reflex sympathetic dystrophy, and other disorders such as narcolepsy, chronic fatigue syndrome, fibromyalgia, seasonal affective disorder and premenstrual syndrome, while avoiding adverse affects associated with racemic bupropion.		

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**METHODS AND COMPOSITIONS FOR AIDING  
IN SMOKING CESSATION AND FOR  
TREATING PAIN AND OTHER DISORDERS  
USING OPTICALLY PURE (-)-BUPROPION**

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**1. FIELD OF THE INVENTION**

This invention relates to methods and pharmaceutical compositions for aiding smoking cessation, treating nicotine addiction, and pain, including chronic pain, neuropathetic pain and reflex sympathetic dystrophy,  
10 and other disorders.

**2. BACKGROUND OF THE INVENTION**

Many organic compounds exist in optically active forms, i.e., they have the ability to rotate the plane of  
15 plane-polarized light. In describing an optically active compound, the prefixes D and L or R and S are used to denote the absolute configuration of the molecule about its chiral center(s). The prefixes (+) and (-) or d and l are employed to designate the sign of rotation of plane-polarized light by  
20 the compound, with (-) or l meaning that the compound is levorotatory. A compound prefixed with (+) or d is dextrorotatory. For a given chemical structure, these compounds, called stereoisomers, are identical except that they are mirror images of one another. A specific  
25 stereoisomer may also be referred to as an enantiomer, and a mixture of such isomers is often called an enantiomeric or racemic mixture.

Stereochemical purity is of importance in the field of pharmaceuticals, where 16 of the 20 most prescribed drugs  
30 exhibit chirality. A case in point is provided by the L-form of the  $\beta$ -adrenergic blocking agent, propranolol, which is known to be 100 times more potent than the D-enantiomer.

Furthermore, optical purity is important since certain isomers may actually be deleterious rather than  
35 simply inert. For example, it has been suggested that the D-enantiomer of thalidomide was a safe and effective sedative when prescribed for the control of morning sickness during

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pregnancy, while the corresponding L-enantiomer was a potent teratogen.

Bupropion is available only as a racemic mixture. That is, bupropion is available as an approximate 50/50 mixture of optical isomers, called enantiomers. The racemic mixture of bupropion which is commercially available is administered as a hydrochloride salt. In addition, European Patent Application No. 84101070.5 published September 12, 1984 discloses the benefits of bupropion maleate over bupropion hydrochloride. The racemic mixture of bupropion is available as Wellbutrin® and Wellbutrin SR® for the treatment of depression and Zyban® to achieve smoking cessation, respectively.

Bupropion is used primarily in the treatment of depression, which along with mania, falls under the heading of affective disorders. Particularly, racemic bupropion is used in patients who do not respond to, or cannot tolerate other antidepressants, such as the tricyclic agents or monoamine oxidase inhibitors. Additionally, the racemic mixture of bupropion is useful in the management of patients with bipolar and schizo-affective disorder, attention-deficit disorder, psycho-sexual dysfunction, bulimia and other eating disorders, and Parkinson's disease.

Affective disorders, including major depression, and the bipolar, manic-depressive illness, are characterized by changes in mood as the primary clinical manifestation. Major depression, the most common of the significant mental illnesses, is characterized by feelings of intense sadness, and despair, mental slowing and loss of concentration, pessimistic worry, agitation, and self-deprecation. Physical changes can also occur, including insomnia, anorexia, and weight loss, decreased energy and libido, and disruption of hormonal circadian rhythms.

Through an as yet unknown mechanism of action, bupropion has been demonstrated to be an effective treatment in depression in short-term and longer duration clinical studies. The racemic mixture of bupropion has been reported

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to have antidepressant activity equal to amitriptyline, the tricyclic antidepressant, with fewer anticholinergic, sedative and cardiovascular side effects than with amitriptyline.

5 As mentioned above, racemic bupropion is used primarily in the treatment of depression and in smoking cessation and is available for these indications in the United States as Wellbutrin® and WellbutrinSR® (for depression) and Zyban® (for smoking cessation), respectively  
10 (Physicians Desk Reference 1998 52nd edition, pp. 1120-1127 and 1139-1144). Studies regarding the mechanism of bupropion's antidepressant activity have shown that bupropion is an atypical antidepressant that demonstrates a significant and unusual pattern of noradrenergic activity including some  
15 but not all of the effects seen after chronic administration of reuptake inhibitors. Bupropion produces a unique spectrum of biochemical effects that differ significantly from those produced by other antidepressants. However, the exact mechanism by which bupropion produces its antidepressant  
20 effects is still not completely understood. See Ascher, J.A., et al., 1995, *J. Clin. Psychiatry* 56:395-401.

The persistence of cigarette smoking despite widespread public awareness of the adverse health effects in large part results from an underlying addiction to nicotine.  
25 Nicotine is a highly addictive substance, which has been said to be as addictive as heroin. A number of nicotinic receptor subtypes have been discovered, which differ in both regional distribution in the nervous system and functional significance. Nicotine binds to these nicotine receptors to  
30 open a cation channel that causes depolarization and cell firing. Nicotine has been shown to increase neuronal firing rates in ventral tegmental area dopamine cells, and nicotine enhances dopamine release in striatal areas, including the nucleus accumbens, which is implicated in drug reinforcement.  
35 Thus, it is known that nicotine activates the dopamine reward system. This reinforcement of activation of the dopamine

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reward system leads to nicotine addiction and difficulty in smoking cessation.

Bupropion inhibits dopamine reuptake, although this inhibition occurs at doses higher than needed for antidepressant activity. Racemic bupropion has been reported to increase success rates in smoking cessation treatment. Rose, J.E., 1996, "Nicotine Addiction and Treatment," *Annu. Rev. Med.* 47:493-507; Ferry, L.H. et al., 1994, "Efficacy of Bupropion for Smoking Cessation in Non-Depressed Smokers," *J. Addict. Dis.* 13:A9. However, one researcher reported a case in which the cycle of smoking cessation, associated with weight gain, followed by depression and resumption of smoking was interrupted by the use of bupropion as a preventative measure. Lief, H.I., March 1996, "Bupropion Treatment of Depression to Assist Smoking Cessation," *Am. J. Psychiatry* 153:3, p. 442. In this case, it was thought that the administration of racemic bupropion had an indirect effect in preventing smoking resumption by treating the patient's depression, which had been caused by weight gain associated with smoking cessation. Cf. Ferry, L.H. et al., 1992, "Enhancement of Smoking Cessation Using the Anti-Depressant Bupropion Hydrochloride" (abstract), *Circulation* 1992, 86:671; Ferry, L.H. et al., 1994, "Evaluation of Bupropion Versus Placebo for Treatment of Nicotine Dependence," *New Research Program and Abstracts*, 147<sup>th</sup> Annual Meeting of the American Psychiatric Association, Washington, D.C., APA, pp. 199-200.

Patients who suffer from chronic pain may also experience depression. In studies on patients having chronic pain, the incidence of clinical depression ranges from 22 to 78%. Similarly, in studies on depression patients, the frequency of persistent pain complaints ranges from 30 to 100%. Bonica, J.J., The Management of Pain, Second Edition, Vol. I, Chapter 18, pp. 310-319 (1990). In comparison, the occurrence of major depression in the general population is about 4 or 5% with about 3% of men and 6% of women being depressed at any given time. Thus, it is generally believed

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that the occurrence of depression is greater in patients with chronic pain than in the normal population, but there is no consensus on the extent to which pain and depression may coexist.

5 In addition, pain and depression may coexist more often in certain clinical populations, such as women, perhaps because of the higher prevalence of depression in women in general. The most prevalent form of chronic pain syndromes associated with depression is chronic persistent headache.

10 There are presently several theories which attempt to explain why depression and pain frequently coexist; some theories hypothesize that depression comes first and others that pain comes first. See, e.g., Merskey, H., 1965, "The Effect of Chronic Pain Upon the Response to Noxious Stimuli  
15 by Psychiatric Patients," *J. Psychosom. Res.* 8:405. For example, one theory indicates that since anxiety is frequently associated with depression, and anxiety can potentially increase muscle tension, anxiety can therefore create pain.

20 Other theories link the connection between pain and depression to several biogenic amines including serotonin, norepinephrine, and dopamine. These compounds have been reported to play a role in the modulation of pain in animals. In addition, abnormalities in biogenic amine function,  
25 particularly nor-pinephrine and serotonin, have been hypothesized to play a role in the onset and maintenance of depression. According to these theories, a shared disturbance in noradrenergic and/or serotonergic function might link chronic pain and depression. See Charney D.S.,  
30 and Heninger, G.R., 1983, "Monoamine Receptor Sensitivity and Depression: Clinical Studies of Antidepressant Effects on Serotonin and Noradrenergic Function," *Psychopharmacol. Bull.*, 19(3):490; Sulser, F., 1983, "Molecular Mechanisms in Antidepressant Action," *Psychopharmacol. Bull.*, 19(3):300.

35 Pain is generally considered by physicians to have either an organic or a functional psychologic basis. Pain having an organic basis is demonstrated by a specific lesion

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with well-defined characteristics of pain. However, it has also been found that there are biochemical (e.g. serotonergic) abnormalities that exist without specific lesions, which are manifested by dull, diffuse pains. The  
5 absence of a defined lesion does not mean that patients with chronic pain do not have something physically wrong with them. The abnormality might only be found at the molecular level.

Chronic fatigue syndrome (CFS) is a disorder  
10 characterized by fatigue of an incapacitating nature lasting for at least six months. Symptoms of chronic fatigue syndrome include, but are not limited to, mild fever or chills, sore throats, painful lymph nodes, unexplained general muscle weakness, myalgias, prolonged generalized  
15 fatigue after exercise previously tolerated, generalized headaches, migratory arthralgias, neuropsychologic complaints, sleep disturbance, and description of a main symptom complex developing over a few hours to a few days.

Physical signs of chronic fatigue syndrome include  
20 lowgrade fevers, nonexudative pharyngitis and palpable or tender anterior or posterior cervical or axillary lymph nodes. See Goodnick, P.J. and Sandoval, R., January 1993, "Psychotropic Treatment of Chronic Fatigue Syndrome and Related Disorders," *J. Clin. Psychiatry* 54(1):13-20.

25 Fibromyalgia is a disorder related to chronic fatigue syndrome. However, in contrast to chronic fatigue syndrome, the major symptoms of fibromyalgia do not include fatigue. Instead, fibromyalgia is characterized by generalized aches or stiffness involving three or more  
30 anatomic sites for at least 3 months and at least six typical and reproducible tender points. Minor symptoms of fibromyalgia include fatigue, headache, sleep disturbance, neuropsychiatric symptoms, subjective joint swelling, numbness, irritable bowel syndrome, and modulation of  
35 symptoms by activity, weather and stress. Despite the differences in their definitions, patients with either fibromyalgia or chronic fatigue syndrome share many symptoms



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and epidemiologic factors. See Goodnick, P.J. and Sandoval, R.

Seasonal affective disorders (SADs) are clinically significant disturbances of mood occurring in relationship to a change in season. Winter depression, the most widely recognized form of SAD, is characterized by the onset of depression in the fall or winter followed by spontaneous recovery in the spring. While phototherapy is the most widely studied and recognized treatment for SAD, one study has suggested that racemic bupropion is an effective treatment for winter depression. Dilsaver, S.C., et al., July 1992, "The Efficacy of Bupropion in Winter Depression: Results of an Open Trial," *J. Clin. Psychiatry* 53(7):252-255.

The racemic mixture of bupropion, in addition to its use in the treatment of depression, has been shown to have a wide spectrum of action which includes:

- Treatment of the effects of ethanol (U.S. Patent No. 4,393,078)
- Treatment of Tardive Dyskinesia (U.S. Patent No. 4,425,363)
- Treatment of Minimal Brain Dysfunction (U.S. Patent No. 4,435,449)
- Treatment of amelioration of prostate hypertrophy and sexual dysfunction (U.S. Patent No. 4,835,147)
- Treatment of psychostimulant addiction (U.S. Patent No. 4,935,429)
- Treatment of Psychosexual dysfunction (U.S. Patent No. 4,507,323)
- Methods of reducing cholesterol (U.S. Patent No. 4,438,138)
- Methods of assisting weight loss (U.S. Patent No. 4,895,845)

The racemic mixture of bupropion has been shown to have certain advantages over other antidepressant drugs. For example, bupropion does not inhibit monoamine oxidase, or block the reuptake of serotonin. At therapeutic

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concentrations, the compound presumably does not bind to adrenergic, dopamine, GABA, histamine, muscarinic, serotonin, or imipramine binding sites. While its specific neurochemical antidepressant action is unknown, it does have  
5 a relatively weak effect on blocking the reuptake of dopamine.

While the racemic mixture of bupropion has advantages, it also has disadvantages. Among these disadvantages are adverse effects in addition to those  
10 described above. The most serious adverse effect associated with the racemic mixture of bupropion is the incidence of seizures. In addition, other frequently reported adverse effects associated with the use of racemic bupropion include nausea, vomiting, excitement, blurred vision, agitation,  
15 restlessness, postural tremor, and some hallucinations/confusional states with the potential for abuse. Other adverse or side effects associated with the racemic mixture of bupropion include but are not limited to anxiety, insomnia, headaches and/or migraines, dry mouth,  
20 constipation, tremor, sleeping disturbances, dermatologic problems (e.g., rashes), neuropsychiatric signs and symptoms (e.g., delusions and paranoia), and weight loss or gain. See, The Physician's Desk Reference® (1998). These effects are dose limiting in a number of patients. In Parkinsonian  
25 patients, the adverse effects can be the particular toxicity of the racemic mixture of bupropion or the result of a drug interaction (as most patients were receiving concomitant levodopa).

Thus, it is desirable to find a compound with the  
30 advantages of the racemic mixture of bupropion without the above-described disadvantages. In particular, there is a need for a compound which is effective for the treatment of pain and disorders such as, smoking and nicotine addiction, without the above-described disadvantages and adverse effects  
35 associated with the administration of racemic bupropion.

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### 3. SUMMARY OF THE INVENTION

The active compound of compositions and methods disclosed herein is an optical isomer of the racemic compound bupropion which is described in United States Patent Nos. 5 3,819,706 and 3,885,046. Chemically, this isomer is (-)-2-(tertbutylamino)-3'-chloropropiophenone or (-)-1-(3-chlorophenyl)-2[(1,1-dimethyl-ethyl)amino]-1-propanone. This isomer will hereinafter be referred to as "(-)-bupropion," which also includes the substantially optically pure 10 (-)-bupropion isomer.

It has been discovered that optically pure (-)-bupropion is effective in aiding or achieving smoking cessation while avoiding adverse effects associated with the administration of racemic bupropion. Another embodiment of 15 the present invention relates to the treatment of smoking or nicotine addiction by administration of optically pure (-)-bupropion or a pharmaceutically acceptable salt thereof.

It has also been discovered that the optically pure (-)-isomer of bupropion is effective for the treatment of 20 pain, including chronic pain, neuropathic pain, pain associated with depression and reflex sympathetic dystrophy, while avoiding adverse effects, including, but not limited to, seizures, agitation, dry mouth, insomnia, headache/migraine, nausea, vomiting, dizziness, tachycardia, 25 constipation, and tremor associated with the administration of the racemic mixture of bupropion. It has further been discovered that optically pure (-)-bupropion is useful in the treatment of chronic disorders, including narcolepsy, chronic fatigue syndrome, fibromyalgia, seasonal affective disorder 30 and premenstrual syndrome, (or premenstrual dysphoric disorder) while avoiding adverse effects, such as those described above, associated with the administration of the racemic mixture of bupropion.

Thus, the present invention encompasses methods for 35 treating the above-described conditions in a human while avoiding adverse effects that are associated with the racemic mixture of bupropion, by administering the optically pure

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(-)-isomer of bupropion or a pharmaceutically acceptable salt thereof, to said human. The present invention also relates to compositions comprising optically pure (-)-bupropion.

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#### 4. DETAILED DESCRIPTION OF THE INVENTION

The present invention encompasses a method for aiding in smoking cessation in a human, which comprises administering to a human who smokes a therapeutically effective amount of (-)-bupropion, or a pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer. Thus, the invention encompasses the use of optically pure (-)-bupropion to achieve smoking cessation or a reduction in smoking.

The present invention further encompasses a method for aiding smoking cessation while avoiding the concomitant liability of adverse effects associated with the administration of racemic bupropion, which comprises administering to a human who smokes a therapeutically effective amount of (-)-bupropion, or a pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer, said amount being sufficient to achieve smoking cessation or a reduction in smoking, but insufficient to cause adverse effects associated with the administration of racemic bupropion.

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The present invention further encompasses a method of treating nicotine addiction in a human, which comprises administering to said human suffering from nicotine addiction a therapeutically effective amount of (-)-bupropion, or a pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer. Nicotine addiction refers to nicotine addiction in all known forms, such as smoking cigarettes, cigars, or pipes and chewing tobacco.

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The present invention further encompasses a method of treating nicotine addiction in a human while avoiding the concomitant liability of adverse effects associated with the administration of racemic bupropion, which comprises administering to said human suffering from nicotine addiction

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a therapeutically effective amount of (-)-bupropion, or a pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer, said amount being sufficient to alleviate said addiction, but insufficient to cause adverse  
5 effects associated with administration of racemic bupropion.

Addiction to nicotine or tobacco includes addiction to smoking cigarettes, cigars and/or pipes, and addiction to chewing tobacco.

The present invention further encompasses a method  
10 for treating weight gain associated with smoking cessation in a human, which comprises administering to said human suffering from weight gain associated with smoking cessation, a therapeutically effective amount of (-)-bupropion, or a pharmaceutically acceptable salt thereof, substantially free  
15 of its (+)-stereoisomer.

The present invention further encompasses a method for treating weight gain associated with smoking cessation in a human while avoiding the concomitant liability of adverse effects associated with the administration of racemic  
20 bupropion, which comprises administering to said human suffering from weight gain associated with smoking cessation, a therapeutically effective amount of (-)-bupropion or a pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer, said amount being sufficient to  
25 achieve weight loss, but insufficient to cause adverse effects associated with administration of racemic bupropion.

The present invention is also directed to a method of treating pain in a human which comprises administering to said human in need of treatment for pain a therapeutically  
30 effective amount of (-)-bupropion, or a pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer, said amount being sufficient to alleviate pain.

In addition, the present invention encompasses a  
35 method of treating pain in a human while avoiding the concomitant liability of adverse effects associated with the administration of racemic bupropion, which comprises

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administering to said human in need of treatment for pain, a therapeutically effective amount of (-)-bupropion or a pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer, said amount being sufficient to  
5 alleviate pain, but insufficient to cause adverse effects associated with racemic bupropion. The types of pain which may be treated according to the methods of the present invention include, but are not limited, chronic pain, pain associated with depression, neuropathic pain, persistent  
10 headache, and reflex sympathetic dystrophy.

The present invention also encompasses a composition for the treatment of pain in a human which comprises a therapeutically effective amount of  
(-)-bupropion, or a pharmaceutically acceptable salt thereof,  
15 substantially free of its (+)-stereoisomer, and a pharmaceutically acceptable carrier. Preferred pharmaceutical compositions are those which have a means for controlled, and/or sustained release of the active ingredient, (-)-bupropion.

20 The present invention further encompasses a method of treating a chronic disorder in a human, which comprises administering to said human suffering from a chronic disorder a therapeutically effective amount of (-)-bupropion, or a pharmaceutically acceptable salt thereof, substantially free  
25 of its (+)-stereoisomer.

The present invention further encompasses a method of treating a chronic disorder in a human while avoiding the concomitant liability of adverse effects associated with the administration of racemic bupropion, which comprises  
30 administering to said human suffering from a chronic disorder a therapeutically effective amount of (-)-bupropion, or a pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer, said amount being sufficient to alleviate said chronic disorder, but insufficient to cause  
35 adverse effects associated with administration of racemic bupropion.

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The term "chronic disorder" as used herein shall mean disorders including, but not limited to, narcolepsy, chronic fatigue syndrome, seasonal affective disorder, fibromyalgia and premenstrual syndrome (or premenstrual  
5 dysphoric disorder).

The racemic mixture of bupropion (i.e., an approximately 50%-50% mixture of its two enantiomers) has been reported to be useful in reducing certain types of pain. Davidson, J.R. and France, R.D., August 1994, "Bupropion in  
10 Chronic Low Back Pain," *J. Clin. Psychiatry* 55(8):362. Although racemic bupropion may provide therapy and/or reduction of symptoms in a variety of conditions and disorders, this racemic mixture, while offering the expectation of efficacy, causes a broad range of adverse  
15 effects. According to the present invention, utilizing the optically pure (-)-isomer of bupropion results in clearer dose-related definitions of efficacy, diminished adverse effects, and accordingly an improved therapeutic index. It is therefore, more desirable to use the (-)-isomer of  
20 bupropion to treat the conditions described herein.

The term "adverse effects" includes, but is not limited to, seizures, dry mouth, insomnia, dizziness, restlessness, anxiety, agitation, headache/migraine, nausea/vomiting, constipation, tremor, delusions,  
25 tachycardia, hallucinations, psychotic episodes, blurred vision, confusion, paranoia, rashes and sleep disturbances.

The term "substantially free of the (+)-stereoisomer" as used herein means that the composition contains a greater proportion of the (-)-isomer of bupropion  
30 in relation to the (+)-isomer of bupropion. In a preferred embodiment the term "substantially free of its (+)-stereoisomer" as used herein means that the composition contains at least 90% by weight of (-)-bupropion and 10% by weight or less of (+)-bupropion; in a more preferred  
35 embodiment at least 95% (-)-bupropion and 5% by weight or less of its (+)-isomer. These percentages are based on the total amount of bupropion present in the composition. In the

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most preferred embodiment the term "substantially free of its (+)-stereoisomer" means that the composition contains approximately 99% by weight of (-)-bupropion, and 1% or less of (+)-bupropion. In another preferred embodiment, the term

5 "substantially free of its (+)-stereoisomer" as used herein means that the composition contains greater than 99% by weight of the (-)-isomer of bupropion, again based on the total amount of bupropion present. The terms "substantially optically pure (-)-isomer of bupropion," "optically pure

10 (-)-isomer of bupropion," "optically pure (-)-bupropion" and "(-)-isomer of bupropion" are also encompassed by the above-described amounts.

#### 4.1. SYNTHESIS OF OPTICALLY PURE (-)-BUPROPION

15 The synthesis of the (-)-isomer of bupropion may start from readily available 3-chloropropiophenone (1). Reaction of (1) with a (2R,3R)-(+)-dialkyl tartrate such as (+)-dimethyl or diethyl tartrate in the presence of an acid catalyst such as methanesulfonic acid gives the chiral acetal

20 (2) according to Castaldi (G. Castaldi, et al., *J. Org. Chem.* 1987, 52: 3018). Stereoselective bromination with bromine in carbon tetrachloride (or alternatively ethyl acetate) then produces the corresponding bromoacetal (3) as the major product according to the above-referenced procedure developed

25 by Castaldi and co-workers. The bromoacetal (3) is purified by column chromatography to yield the optically pure bromoacetal (3) which is then hydrolyzed in the presence of an acid to afford the bromoketone (4). Treatment of the bromoketone (4) with tert-butylamine, followed by reaction

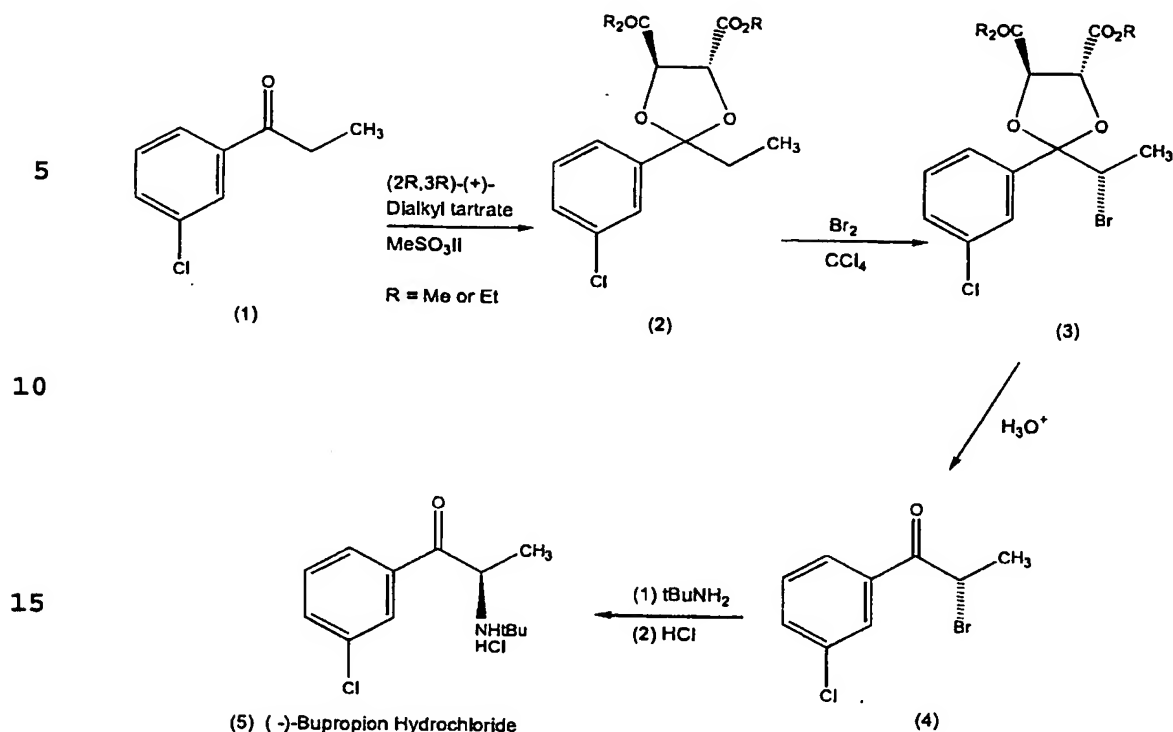
30 with anhydrous hydrogen chloride, then produces optically pure (-)-bupropion hydrochloride (5) after recrystallization. See the scheme below.

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Alternatively, the optically pure (-)-isomer of bupropion can be prepared according to the procedures reported by Musso et al., 1993, "Synthesis and Evaluation of the Antidepressant Activity of the Enantiomers of Bupropion," Chirality 5:495-500, which is hereby incorporated by reference in its entirety.

In addition to the above-described methods, the stereoisomers of bupropion may be obtained by resolutions of a mixture of enantiomers of bupropion using conventional means such as an optically active resolving agent; see, for example, "Stereochemistry of Carbon Compounds", by E.L. Eliel (McGraw-Hill, NY, 1962), and S.H. Wilen, p. 268 in "Tables of Resolving Agents and Optical Resolutions" (E.L. Eliel, Ed., Univ. of Notre Dame Press, Notre Dame, IN, 1972).

The magnitude of a prophylactic or therapeutic dose of (-)-bupropion in the acute or chronic management of disease (or disorders) will vary with the severity of the

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condition to be treated and its route of administration. The dose and dose frequency will also vary according to the age, weight and response of the individual patient. In general, the recommended daily dose range for the conditions described

5 herein lies within the range of from about 10 mg to about 750 mg per day, generally divided equally into doses given two to four times a day. Preferably, a daily dose range should be between 50 mg and 600 mg per day, usually divided equally into a two to four times a day dosing. Most

10 preferably, a daily dose range should be between 60 mg and 450 mg per day, usually divided equally into a two to four times a day dosing. It may be necessary to use dosages outside these ranges in some cases. The physician will know how to increase, decrease or interrupt treatment based upon

15 patient response. For use in aiding in smoking cessation or in treating nicotine addiction, the physician will generally prescribe the period of treatment and frequency of dose of (-)-bupropion on a patient-by-patient basis. In general, however, treatment with (-)-bupropion may be carried out for

20 a period of 2 weeks to 6 months, and preferably from 7 weeks to 12 weeks. The various terms described above such as "said amount being sufficient to alleviate pain", "said amount being sufficient to alleviate said addiction", "therapeutically effective amount", etc., are encompassed by

25 the above-described dosage amounts and dose frequency schedule.

Any suitable route of administration may be employed for providing the patient with an effective dosage of (-)-bupropion. For example, oral, rectal, parenteral,

30 transdermal, subcutaneous, intramuscular, intrathecal and the like may be employed as appropriate. Dosage forms include tablets, coated tablets, caplets, capsules, troches, dispersions, suspensions, solutions, patches and the like, including sustained release formulations well known in the

35 art. See, e.g. Remington's Pharmaceutical Sciences (1995) and the Physician's Desk Reference® (1998).

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The pharmaceutical compositions of the present invention comprise the (-)-isomer of bupropion as active ingredient or a pharmaceutically acceptable salt thereof, and may also contain a pharmaceutically acceptable carrier and optionally other therapeutic ingredients. The term "pharmaceutically acceptable salts" refers to salts prepared from pharmaceutically acceptable non-toxic acids including inorganic acids and organic acids.

Since the compound of the present invention is basic, salts may be prepared from pharmaceutically acceptable non-toxic acids including inorganic and organic acids. Such acids include maleic, acetic, benzene-sulfonic (besylate), benzoic, camphorsulfonic, citric, ethenesulfonic, fumaric, gluconic, glutamic, hydrobromic, hydrochloric, isethionic, lactic, maleic, malic, mandelic, methanesulfonic, mucic, nitric, pantoic, pantothenic, phosphoric, succinic, sulfuric, tartaric, p-toluenesulfonic acid and the like. Particularly preferred are hydrobromic, hydrochloric, maleic, phosphoric, and sulfuric acids.

The compositions include compositions suitable for oral, rectal, and parenteral administration (including subcutaneous, intramuscular, intrathecal and intravenous), although the most suitable route in any given case will depend on the nature and severity of the condition being treated. The most preferred route of the present invention is the oral route. They may be conveniently presented in unit dosage form and prepared by any of the methods well-known in the art of pharmacy.

In the case where an oral composition is employed, a suitable dosage range for use is, e.g., from about 10 mg to about 750 mg per day, generally divided equally into a two to four times a day dosing, preferably from about 50 mg to about 600 mg per day, generally divided equally into a two to four times a day dosing and most preferably from about 60 mg to about 450 mg per day, generally divided equally into a two to four times a day dosing. Patients may be upward titrated

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from below to within this dose range to achieve satisfactory control of symptoms as appropriate.

In practical use, (-)-bupropion can be combined as the active ingredient in intimate admixture with a pharmaceutical carrier according to conventional pharmaceutical compounding techniques. The carrier may take a wide variety of forms depending on the form of preparation desired for administration, e.g., oral or parenteral (including intravenous injections or infusions). In preparing the compositions for oral dosage form, any of the usual pharmaceutical media may be employed, for example, water, glycols, oils, alcohols, flavoring agents, preservatives, coloring agents and the like in the case of oral liquid preparations, for example, suspensions, elixirs and solutions; or aerosols; or carriers such as starches, sugars, microcrystalline cellulose, stabilizers, diluents, granulating agents, lubricants, binders, fillers, disintegrating agents and the like in the case of oral solid preparations such as, powders, capsules and tablets, with the solid oral preparations being preferred over the liquid preparations. The preferred solid oral preparation is tablets. The most preferred solid oral preparation is coated tablets. Because of their ease of administration tablets and capsules represent the most advantageous oral dosage unit form, in which case solid pharmaceutical carriers are obviously employed. If desired, tablets may be coated by standard aqueous or nonaqueous techniques.

In addition to the common dosage forms set out above, the compounds of the present invention may also be administered by controlled release or sustained release means and/or delivery devices such as those described in U.S. Patent Nos. 3,845,770; 3,916,899; 3,536,809; 3,598,123; 3,630,200, 4,008,719, 4,687,660, and 4,769,027, the disclosures of which are hereby incorporated by reference. Preferred controlled release or sustained release tablets for use with (-)-bupropion are described in U.S. Patent No. 5,427,798 which is incorporated herein by reference.

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Pharmaceutical stabilizers may also be used to stabilize compositions containing (-)-bupropion or salts thereof; acceptable stabilizers include but are not limited to L-cysteine hydrochloride, glycine hydrochloride, malic acid, sodium metabisulfite, citric acid, tartaric acid and L-cysteine dihydrochloride. See, e.g. U.S. Patent No. 5,358,970 which is incorporated herein by reference.

Pharmaceutical compositions of the present invention suitable for oral administration may be presented as discrete units such as capsules, cachets, or tablets or aerosol sprays, each containing a predetermined amount of the active ingredient, as a powder or granules or as a solution or a suspension in an aqueous liquid, a non-aqueous liquid, an oil-in-water emulsion, or a water-in-oil liquid emulsion. Such compositions may be prepared by any of the methods of pharmacy but all methods include the step of bringing into association the active ingredient with the carrier which constitutes one or more necessary ingredients. In general, the compositions are prepared by uniformly and intimately admixing the active ingredient with liquid carriers or finely divided solid carriers or both, and then, if necessary, shaping the product into the desired presentation. For example, a tablet may be prepared by compression or molding, optionally with one or more accessory ingredients. Compressed tablets may be prepared by compressing in a suitable machine the active ingredient in a free-flowing form such as powder or granules, optionally mixed with one or more of a binder, filler, stabilizer, lubricant, inert diluent, and/or surface active or dispersing agent. Molded tablets may be made by molding in a suitable machine a mixture of the powdered compound moistened with an inert liquid diluent. Desirably, each tablet contains from about 10 mg to about 250 mg of the active ingredient, and each cachet or capsule contains from about 10 mg to about 250 mg of the active ingredient. In a preferred embodiment, the tablet, cachet or capsule contains one of four dosages: about 50 mg, about 75 mg, about 100 mg and about 150 mg of active ingredient.

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The invention is further defined by reference to the following examples describing in detail the preparation of the compound and compositions of the present invention. It will be apparent to those skilled in the art that many  
 5 modifications, both to materials and methods, may be practiced without departing from the purpose and interest of this invention.

All temperatures are in degrees Celsius.

10

## 5. EXAMPLES

### 5.1. EXAMPLE 1

#### ORAL FORMULATION

#### Coated Tablets:

15 Formula	Quantity per Tablet (mg.)
(-)-bupropion	75
Lactose	125
Corn Starch	5.0
20 Water (per thousand Tablets)	30.0 ml *
Magnesium Stearate	0.5
Corn Starch	25.0

---

 \*

25

The water evaporates during manufacture.

30

35

The active ingredient is blended with the lactose until a uniform blend is formed. The smaller quantity of corn starch is blended with a suitable quantity of water to form a corn starch paste. This is then mixed with said  
 uniform blend until a uniform wet mass is formed. The  
 remaining corn starch is added to the resulting wet mass and mixed until uniform granules are obtained. The granules are then screened through a suitable milling machine, using a 1/4 inch stainless steel screen. The milled granules are then  
 dried in a suitable drying oven until the desired moisture  
 content is obtained. The dried granules are then milled through a suitable milling machine using 1/4 mesh stainless

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steel screen. The magnesium stearate is then blended and the resulting mixture is compressed into tablets of desired shape, thickness, hardness and disintegration. Tablets are coated by standard aqueous or nonaqueous techniques.

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5.2. EXAMPLE 2  
ORAL FORMULATION

Capsules:

10

Formula	Quantity per capsule in mg.		
	<u>A</u>	<u>B</u>	<u>C</u>
Active ingredient	25	50	75
15 (-)-bupropion			
Lactose	149.5	124.5	374
Corn Starch	25	25	50
Magnesium Stearate	0.5	0.5	1.0
Compression Weight	200.0	200.0	500.0

20

The active ingredient, (-)-bupropion, lactose, and corn starch are blended until uniform; then the magnesium stearate is blended into the resulting powder. The resulting mixture is encapsulated into suitably sized two-piece hard  
25 gelatin capsules.

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### 5.3. EXAMPLE 3 ORAL FORMULATION

#### Tablets

5	Formula	Quantity per Tablet in mg.		
		<u>A</u>	<u>B</u>	<u>C</u>
	Active ingredient, (-)-bupropion	20	40	100
	lactose BP	134.5	114.5	309.0
10	starch BP	30.0	30.0	60.0
	Pregelatinized Maize Starch BP	15.0	15.0	30.0
	magnesium stearate	0.5	0.5	1.0
	Compression Weight	200.0	200.0	500.0

15 The active ingredient is sieved through a suitable sieve and blended with lactose, starch, and pregelatinized maize starch. Suitable volumes of purified water are added and the powders are granulated. After drying, the granules are screened and blended with the magnesium stearate. The granules are then compressed into tablets using punches.

20 Tablets of other strengths may be prepared by altering the ratio of active ingredient to lactose or the compression weight and using punches to suit.

### 5.4. EXAMPLE 4

#### 25 Sustained Release Formulation (Tablet)

30	FORMULA		QUANTITY PER TABLET (mg)	
	(-)-bupropion hydrochloride		100	
	Contramid® crosslinked amylose		98.8	
	Cysteine hydrochloride		7.5	
	Magnesium stearate		1.2	

35 (-)-Bupropion Hydrochloride is formulated using Contramid® (Labopharm, Inc, Quebec) technology. The formulation is prepared by blending the ingredients above (dry) and compressing into tablets. Alternatively, the



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ingredients can be formulated using wet granulation technology known in the art. (See Example 1).

### 5.5. EXAMPLE 5

#### 5 Sustained Release Formulation (Tablet)

FORMULA	QUANTITY PER TABLET (mg)
Contramid® crosslinked amylose	98.8
Cysteine hydrochloride	7.5
10 (-)-bupropion hydrochloride	75.0
Magnesium stearate	1.2

(-)-Bupropion Hydrochloride is formulated using Contramid® (Labopharm, Inc, Quebec), technology. The  
 15 formulation is prepared by blending the ingredients above (dry) and compressing into tablets. Alternatively, the ingredients can be formulated using wet granulation technology known in the art. (See Example 1).

### 20 5.6. EXAMPLE 6

FORMULA	QUANTITY PER TABLET (mg)
(-)-bupropion hydrochloride	150
25 Diffutab® hydrophilic polymer mixture	100
Microcrystalline cellulose	100
Cysteine hydrochloride	7.5
Magnesium stearate	4

30 (-)-Bupropion Hydrochloride is formulated using Diffutab® (Eurand, Microencapsulation, S.A. of Switzerland) technology. The formulation components are dry blended and directly compressed into tablets or formulated using wet  
 35 granulation technology.

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5.7. EXAMPLE 7SEIZURE MODEL

(-)-Bupropion can be tested in a rodent model of seizure threshold such as that described by Green and Murray, 5 1989, "A Simple Intravenous Infusion Method in Rodents for Determining The Potency of Anticonvulsants Acting Through GABAergic Mechanisms", *J. Pharm. Pharmacol.* 41:879-880. See also Nutt, D.J., et al. 1980, "On the Measurement in Rats of the Convulsant Effect of Drugs and the Changes Which Follow 10 Electroconvulsive Shock," *Neuropharmacology* 19:1017-1023; Nutt, D.J., et al. 1981, "Studies on the Postictal Rise in Seizure Threshold," *Eur. J. Pharmacol.* 71:287-295. In such tests, a group of rats is lightly restrained and a solution of a convulsant drug such as pentetrazol, is infused via a 15 needle inserted into a tail vein of each rat at a predetermined concentration such as 10mg/mL, and at a predetermined rate, such as of 2.6 mL/min. The rate of infusion gives a clear end point for seizure threshold. The time of infusion of the convulsant drug required to produce 20 the first myoclonic twitch (which occurs with the first EEG abnormality) is recorded and doses required to produce the seizure calculated. Seizure threshold is expressed as mg/kg and can be calculated using the following formula.

$$25 \quad \frac{\text{Infusion rate (mL/min)} \times \text{drug concentration (mg/mL)}}{\frac{\text{x time to twitch (sec)}}{60 \times \text{rat weight (kg)}}}$$

(+)-Bupropion, racemic bupropion and other substances tested are administered by IP or IV injection at a preselected time, for example 15 minutes before the 30 determination of seizure threshold.

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### 5.8. EXAMPLE 8

#### PAIN: WRITHING MODEL

##### PHENYLOQUINONE WRITHING ASSAY IN MICE

The antiphenylquinone writhing test is a standard  
5 procedure for detecting and comparing analgesic activity in  
laboratory animals, and generally correlates well with human  
efficacy. In response to an injected, locally irritating  
solution, such as phenyl-p-benzoquinone, the animals have  
cramps ("writhings") that are inhibited by analgesic or  
10 pain-relieving agents.

Mice are first dosed with at least two dose levels  
each of (-)-bupropion, racemic bupropion and other test  
substances including one or more control substances such as  
aspirin. The mice are then challenged with an irritating  
15 agent, such as phenyl-p-benzoquinone, given intraperitoneally  
and observed for the characteristic patterns of  
stretch-writhing syndrome, including torsion of the abdomen  
and thorax, drawing the hind legs close to the body and  
raising the heels of the hind feet off the floor of the  
20 housing. Lack of writhing constitutes a positive response.  
The degree of analgesic protection can be calculated on the  
basis of suppression of writhing relative to control animals  
run on the same day. Time response data are also obtained.  
Observations are made early enough post-dosing to detect  
25 differences in onset.

### 5.9. EXAMPLE 9

Other models may be used to test activity of  
(-)-bupropion, some of which are discussed below, and as  
30 described in Bannon, A.W. et al., 2 January 1998, "Broad  
Spectrum, Non-opioid Analgesic Activity By Selective  
Modulation of Neuronal Nicotinic Acetylcholine Receptors,  
*Science* 279:77-81.

#### 35 FORMALIN TEST

The formalin test is an animal model for persistent  
chemical pain. In the formalin test, the second phase of the

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biphasic nociceptive response is thought to be mediated, in part, by a sensitization of neuronal function at the level of the spinal cord and reflect the clinical observation of hyperalgesia associated with tissue injury. The method used for the formalin test is based on a modified version of a previously published method [D. Dubusson and S.G. Dennis *Science* 4, 161 (1977)]. After a 20-min period of acclimation to individual cages, rats are each injected with a predetermined concentration, e.g. 5%, of a formalin solution via the dorsal aspect of one of the rear paws, and the rats are then returned to clear observation cages suspended above mirror panels. During phase 2 of the formalin test, which is defined as the 20-min period of time from 30 to 50 min after formalin injection, nocifensive behaviors in the injected paw of four animals during the session are recorded by observing each animal for one 15-s observation period during each 1-min interval. Nocifensive behaviors include flinching, licking, or biting the injected paw. This process may be repeated with additional subject animals, wherein a number of rats are treated with (-)-bupropion, racemic bupropion or other test or control substances at a predetermined time, for example, 5-10 minutes, prior to formalin injection.

#### NEUROPATHIC PAIN

Nerve injury results in neuroplastic changes that lead to allodynia, a condition characterized by nocifensive behavioral responses to what are normally nonnoxious stimuli conducted by A $\beta$  fibers. In the Chung model of neuropathic pain, allodynia is produced in the hind limb ipsilateral to the ligation of the L5 and L6 spinal nerves. S.H. Kim and J.M. Chung, *Science* 50, 355 (1992). A within-subjects design in which all animals receive all treatments is used for dose-response studies in the Chung model. Before the start of drug studies, baseline allodynia scores are determined for all animals. Only rats with predetermined threshold scores are considered allodynic and are used in further testing. Drug studies (separate studies for each compound) begin

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approximately 2 weeks after the nerve ligation surgery. For dose-response experiments, animals are tested over a 2-week period. Test days are separated by 2 to 3 day intervals during which no testing is conducted and no treatment is  
5 given. On test days, animals are placed in the individual chambers and allowed to acclimate for 15 to 20 min. After acclimation, baseline scores are determined. Next, animals are treated and then scores are determined 15, 30, 50 and 120 minutes after treatment. This procedure is repeated on test  
10 days until each animal has received all treatments for (-)-bupropion, racemic bupropion or other test substances. The treatment order is counterbalanced across all of the animals. For statistical analysis, the time point of peak effect is compared.

15 The embodiments of the present invention described above are intended to be merely exemplary and those skilled in the art will recognize, or be able to ascertain using no more than routine experimentation, numerous equivalents to the specific procedures described herein. All such  
20 equivalents are considered to be within the scope of the present invention and are covered by the following claims.

The contents of all references described herein are hereby incorporated by reference.

25 Other embodiments are within the following claims.

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What is claimed is:

1. A method of treating pain in a human, which comprises administering to a human in need of treatment for  
5 pain, a therapeutically effective amount of (-)-bupropion or a pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer.
2. A method of treating pain in a human while  
10 avoiding the concomitant liability of adverse effects associated with administration of racemic bupropion, which comprises administering to a human in need of treatment for pain, a therapeutically effective amount of (-)-bupropion or a pharmaceutically acceptable salt thereof, substantially  
15 free of its (+)-stereoisomer, said amount being sufficient to alleviate said pain, but insufficient to cause adverse effects associated with administration of racemic bupropion.
3. The method of claim 1 or 2 wherein (-)-bupropion  
20 is administered intravenously, by bolus injection, transdermally, intrathecally, or orally.
4. The method of claim 3 wherein (-)-bupropion is administered orally as a tablet or a capsule.  
25
5. The method of claim 1 or 2 wherein the amount administered is from about 10 mg to about 750 mg.
6. The method of claim 5 wherein the amount  
30 administered is from about 50 mg to about 600 mg.
7. The method of claim 6 wherein the amount administered is from about 60 mg to about 450 mg.
8. The method of claim 1 or 2 wherein the amount of  
35 (-)-bupropion or a pharmaceutically acceptable salt thereof

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is greater than approximately 90% by weight of the total amount of bupropion.

9. The method of claim 1 or 2 wherein the amount of  
5 (-)-bupropion or a pharmaceutically acceptable salt thereof is 99% or more by weight of the total amount of bupropion.

10. The method of claim 1 or 2 wherein the amount of  
(-)-bupropion or a pharmaceutically acceptable salt thereof,  
10 substantially free of its (+)-stereoisomer is administered together with a pharmaceutically acceptable carrier.

11. The method according to claims 1 or 2 wherein  
(-)-bupropion is administered as the hydrochloride salt.  
15

12. The method of claim 1 or 2 wherein (-)-bupropion  
is administered in a sustained or controlled release  
formulation.

13. The method according to claim 1 or 2, wherein  
20 said administration is made one to four times per day.

14. The method according to claims 1 or 2, wherein  
said administration is made daily for 7 days.  
25

15. The method of claim 1 or 2 wherein said pain is  
chronic pain, neuropathic pain, pain associated with  
depression, persistent headache or reflex sympathetic  
dystrophy.

16. A method for treating nicotine addiction in a  
human, which comprises administering to said human suffering  
from nicotine addiction, a therapeutically effective amount  
of (-)-bupropion or a pharmaceutically acceptable salt  
35 thereof, substantially free of its (+)-stereoisomer.

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17. A method of treating nicotine addiction in a human while avoiding the concomitant liability of adverse effects associated with the administration of racemic bupropion, which comprises administering to said human  
5 suffering from nicotine addiction, a therapeutically effective amount of (-)-bupropion or a pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer, said amount being sufficient to alleviate nicotine addiction, but insufficient to cause adverse effects  
10 associated with administration of racemic bupropion.

18. The method of claim 16 or 17 wherein (-)-bupropion is administered intravenously, transdermally, or orally.  
15

19. The method of claim 18 wherein (-)-bupropion is administered orally as a table or a capsule.

20. The method of claim 18 wherein the amount  
20 administered is from about 10 mg to about 750 mg.

21. The method of claim 19 wherein the amount administered is from about 50 mg to about 600 mg.

22. The method of claim 20 wherein the amount  
25 administered is from about 60 mg to about 450 mg.

23. The method of claim 16 or 17 wherein the amount of (-)-bupropion or a pharmaceutically acceptable salt  
30 thereof is greater than approximately 90% by weight of the total amount of bupropion.

24. The method of claim 16 or 17 wherein the amount of (-)-bupropion or a pharmaceutically acceptable salt  
35 thereof is 99% or more by weight of the total amount of bupropion.



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25. The method of claim 16 or 17 wherein the amount of (-)-bupropion or a pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer, is administered together with a pharmaceutically acceptable  
5 carrier.

26. The method according to claims 16 or 17 wherein (-)-bupropion is administered as the hydrochloride salt.

10 27. The method of claim 16 or 17 wherein (-)-bupropion is administered in a sustained or controlled release formulation.

28. The method of claim 16 or 17 wherein said  
15 nicotine addiction is an addiction to smoking, or chewing tobacco.

29. The method of claim 16 or 17 wherein said  
administration is made one to four times a day.  
20

30. A method of treating a chronic disorder in a human, which comprises administering to a human in need of treatment for a chronic disorder, a therapeutically effective amount of (-)-bupropion or a pharmaceutically acceptable salt  
25 thereof, substantially free of its (+)-stereoisomer.

31. A method of treating a chronic disorder in a human while avoiding the concomitant liability of adverse effects associated with administration of racemic bupropion,  
30 which comprises administering to a human in need of treatment for a chronic disorder, a therapeutically effective amount of (-)-bupropion or a pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer, said amount being sufficient to alleviate said chronic disorder, but  
35 insufficient to cause said adverse effects associated with administration of racemic bupropion.

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32. The method of claim 30 or 31 wherein  
(-)-bupropion is administered by intravenously,  
transdermally, intrathecally, or orally.

5 33. The method of claim 32 wherein (-)-bupropion is  
administered orally as a tablet or a capsule.

34. The method of claim 32 wherein the amount  
administered is from about 10 mg to about 750 mg.

10

35. The method of claim 34 wherein the amount  
administered is from about 50 mg to about 600 mg.

36. The method of claim 35 wherein the amount  
15 administered is from about 60 mg to about 450 mg.

37. The method of claim 30 or 31 wherein the amount  
of (-)-bupropion or a pharmaceutically acceptable salt  
thereof is greater than approximately 90% by weight of the  
20 total amount of bupropion.

38. The method of claim 30 or 31 wherein the amount  
of (-)-bupropion or a pharmaceutically acceptable salt  
thereof, substantially free of its (+)-stereoisomer is  
25 administered together with a pharmaceutically acceptable  
carrier.

39. The method according to claim 30 or 31 wherein  
(-)-bupropion is administered as the hydrochloride salt.

30

40. The method of claim 30 or 31 wherein  
(-)-bupropion is administered in a sustained release or  
controlled release formulation.

35 41. The method according to claim 30 or 31, wherein  
said administration is made one to four times per day.

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42. The method of claim 30 or 31 wherein said chronic disorder is selected from the group consisting of narcolepsy, chronic fatigue syndrome, fibromyalgia, seasonal affective disorder, premenstrual syndrome and premenstrual dysphoric  
5 disorder.

43. A method for aiding smoking cessation by a human, which comprises administering to said human who smokes a therapeutically effective amount of (-)-bupropion, or a  
10 pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer.

44. A method for aiding smoking cessation by a human while avoiding the concomitant liability of adverse effects  
15 associated with the administration of racemic bupropion, which comprises administering to said human who smokes a therapeutically effective amount of (-)-bupropion, or a pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer, said amount being sufficient to  
20 achieve smoking cessation or a reduction in smoking, but insufficient to cause adverse effects associated with the administration of racemic bupropion.

45. The method of claim 43 or 44 wherein  
25 (-)-bupropion is administered intravenously, by bolus injection, transdermally, intrathecally, or orally.

46. The method of claim 45 wherein (-)-bupropion is administered orally as a tablet or a capsule.  
30

47. The method of claim 43 or 44 wherein the amount administered is from about 10 mg to about 750 mg.

48. The method of claim 47 wherein the amount  
35 administered is from about 50 mg to about 600 mg.

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49. The method of claim 48 wherein the amount administered is from about 60 mg to about 450 mg.

50. The method of claim 43 or 44 wherein the amount of (-)-bupropion or a pharmaceutically acceptable salt thereof is greater than approximately 90% by weight of the total amount of bupropion.

51. The method of claim 43 or 44 wherein the amount of (-)-bupropion or a pharmaceutically acceptable salt thereof is 99% or more by weight of the total amount of bupropion.

52. The method of claim 43 or 44 wherein the amount of (-)-bupropion or a pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer is administered together with a pharmaceutically acceptable carrier.

53. The method according to claims 43 or 44 wherein (-)-bupropion is administered as the hydrochloride salt.

54. The method of claim 43 or 44 wherein (-)-bupropion is administered in a sustained or controlled release formulation.

55. The method according to claim 43 or 44, wherein said administration is made one to four times per day.

56. A method for treating weight gain associated with smoking cessation by a human, which comprises administering to said human suffering from weight gain associated with smoking cessation, a therapeutically effective amount of (-)-bupropion, or a pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer.

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57. A method for treating weight gain associated with smoking cessation by a human while avoiding the concomitant liability of adverse effects associated with the administration of racemic bupropion, which comprises  
5 administering to said human suffering from weight gain associated with smoking cessation, a therapeutically effective amount of (-)-bupropion or a pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer, said amount being sufficient to achieve  
10 weight loss, but insufficient to cause the adverse effects associated with administration of racemic bupropion.

58. The method of claim 56 or 57 wherein (-)-bupropion is administered intravenously, by bolus  
15 injection, transdermally, intrathecally, or orally.

59. The method of claim 58 wherein (-)-bupropion is administered orally as a tablet or a capsule.

20 60. The method of claim 56 or 57 wherein the amount administered is from about 10 mg to about 750 mg.

61. The method of claim 60 wherein the amount administered is from about 50 mg to about 600 mg.

25 62. The method of claim 61 wherein the amount administered is from about 60 mg to about 450 mg.

63. The method of claim 56 or 57 wherein the amount  
30 of (-)-bupropion or a pharmaceutically acceptable salt thereof is greater than approximately 90% by weight of the total amount of bupropion.

64. The method of claim 56 or 57 wherein the amount  
35 of (-)-bupropion or a pharmaceutically acceptable salt thereof is 99% or more by weight of the total amount of bupropion.

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65. The method of claim 56 or 57 wherein the amount of (-)-bupropion or a pharmaceutically acceptable salt thereof, substantially free of its (+)-stereoisomer is administered together with a pharmaceutically acceptable  
5 carrier.

66. The method according to claims 56 or 57 wherein (-)-bupropion is administered as the hydrochloride salt.

10 67. The method of claim 56 or 57 wherein (-)-bupropion is administered in a sustained or controlled release formulation.

68. The method according to claim 56 or 57, wherein  
15 said administration is made one to four times per day.

69. A pharmaceutical composition which comprises a therapeutically amount of (-)-bupropion or a pharmaceutically acceptable salt thereof, substantially free of its  
20 (+)-stereoisomer, and a pharmaceutically acceptable carrier.

70. The composition according to claim 69 wherein the amount is about 10 mg to about 750 mg.

25 71. The composition according to claim 69 which comprises (-)-bupropion hydrochloride and a pharmaceutically acceptable carrier.

72. The composition according to claim 71 wherein  
30 said composition is adapted for oral administration.

73. The composition according to claim 71 adapted for intravenous delivery.

35 74. The composition according to claim 71 for use in a transdermal formulation.

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75. The composition according to claim 71 for use as a transdermal patch.

76. The composition of claim 71 wherein said composition is a solid preparation.

77. A sustained release formulation which comprises (-)-bupropion or a pharmaceutically acceptable salt thereof substantially free of its (+)-stereoisomer, and a pharmaceutically acceptable carrier.

78. The sustained release formulation of claim 77 wherein said formulation is a tablet, capsule or gelcap.

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